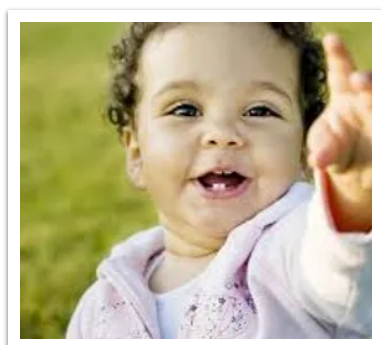


FAMILIES FIRST PROGRAMS & SERVICES



Teen Parenting Programs

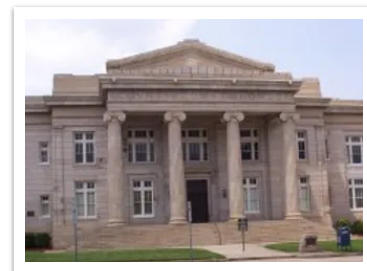
[Good Beginnings for Teen Parents](#): School-based program that provides classes for teen parents to promote positive parenting and child development. See [WISH LIST](#) under [GIVING](#) for more information.

[Teen Parenting Program Initiative](#): Case management and home-based services for teenage parents in order to ensure high school graduation and promote their child's development. See [WISH LIST](#) under [GIVING](#) for more information.

Court-Based Services

[Families First Court Child Care Center](#): Located at the Rowan County Courthouse, it provides a safe and nurturing place for children and a playful distraction while parents conduct business in the courthouse. See [WISH LIST](#) under [GIVING](#) for more information.

[Visitation Station](#): A place for safe exchanges and supervised visits between a child(ren) and non-custodial parent or other family member. Read about Susan's experience with Visitation Station [here!](#) See [WISH LIST](#) under [GIVING](#) for more information.



Education Programs

[Second Step](#): Best practice bullying prevention model designed to help pre-K, kindergarten and 1st grade students develop social-emotional skills. It aims to reduce aggressive behaviors. Read about Puppy, a Families First tool used to teach young children how to interact with others in healthy, productive ways, [here!](#) See [WISH LIST](#) under [GIVING](#) for more information.

[Incredible Years](#): An evidenced-based award winning, best practice* program that gives parents tools in areas of discipline, communication, and child-directed play. It encourages academic success, responsibility and routines, effective limit setting and much more.

[Strengthening Families](#): Best practice model that helps parents and their children (ages 6-17) strengthen the parent-child relationship, build family cohesion and improve communication. See [WISH LIST](#) under [GIVING](#) for more information.

[Head Start/Second Step](#): Best practice model that focuses on Social Emotional Development for children 3 to 5 years of age. The program will establish a foundation for positive outcomes that include skills for learning academic readiness, empathy, emotional management, friendship and problem solving. The program will also involve parents in providing a strength-based curriculum, "Your Journey Together," that empowers parents with the knowledge and skills that promote resilience in their families.

Here's a [VIDEO](#) created by Families First for teenage parents involved in our programs. This video demonstrates the various stages of developmental growth for young children. It demonstrates playtime activities for various ages. Please contact Families First for a copy of the dvd or for a list of sources that contributed to the making of the video.



Our Mission



To strengthen families by providing information, education, prevention and support services.

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